

Eat the frog this week

Every day, list 6 tasks that you need to do. Now put the numbers 1 – 6 next to each task, from the biggest frog right down to less important tasks. Work on number 1 until complete, carry on with number 2, and so on until your list is done. Well done – you ate the frog!

Monday	Done?
Tuesday	Done?
Wednesday	Done?
Thursday	Done?
Friday	Done?
Saturday	Done?
Sunday	Done?

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